

The role of fruit heteromorphism in the naturalization of Asteraceae

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- **Background and Aims** Fruit heteromorphism is considered to be a bet-hedging strategy to cope with spatially or temporally heterogeneous environments. The different behaviours of the fruit morphs of the same species might also be beneficial during naturalization, once the species has been introduced to a new range. Yet, no study to date has tested the association between fruit heteromorphism and global-scale naturalization success for a large set of plant species.
- **Methods** We compiled two large datasets on fruit heteromorphism in Asteraceae. One dataset was on native species in Central Europe ($n = 321$) and the other was on species frequently planted as ornamentals ($n = 584$). Using phylogenetic linear and logistic regressions, we tested whether heteromorphic species are more likely to naturalize outside their native range, and in more regions of the world than monomorphic species. We also tested whether the effect of heteromorphism is modulated by life history and height of the species.
- **Key Results** We show that heteromorphic species were more likely to naturalize outside their native range. However, among the naturalized species, heteromorphic and monomorphic species did not differ in the number of world regions where they became naturalized. A short life span and tall stature both promoted naturalization success and, when life history and height were included in the models, the effect of fruit heteromorphism on the ability to naturalize became non-significant. Nevertheless, among tall plants, heteromorphic ornamental species were significantly more likely to become naturalized in general and in more regions than monomorphic species.
- **Conclusions** Our results provide evidence that in Asteraceae the production of heteromorphic fruits is associated with naturalization success. It appears, however, that not fruit heteromorphism *per se*, but a successful combination of other biological traits in fruit heteromorphic species, namely short life span and tall stature, contributes to their naturalization success.

Key words: Alien species, Asteraceae, Compositae, dispersal, fruit heteromorphism, heterocarpy, invasiveness, monocarpy, naturalization, non-native species, seed heteromorphism.

INTRODUCTION

In some species, a single plant produces distinctly different types of seeds or fruits, a phenomenon called seed and fruit heteromorphism (also termed heterospermy and heterocarpy, respectively; Hannan, 1980; Venable, 1985; Imbert, 2002). This type of heteromorphism occurs in at least 26 families of angiosperms, and is most common in the Asteraceae and Chenopodiaceae (Lei *et al.*, 2010; Doudová *et al.*, 2017). In the Asteraceae, morphological differentiation mostly occurs between peripheral and central achenes (i.e. fruits) of the capitula (i.e. the flower heads) with differences in size, colour,

shape and the presence/absence of dispersal structures (Imbert *et al.*, 1997).

The potential ecological and evolutionary benefits of seed and fruit heteromorphism (hereafter called collectively ‘fruit heteromorphism’) are manifold. First, the fruit morphs usually differ in their dispersal ability. Pappus- or wing-bearing morphs in Asteraceae are usually lighter and can disperse over longer distances (disperser fruits *sensu* Cheptou *et al.*, 2008) compared with morphs without such appendages (non-disperser fruits). The distinct fruit morphs can also be dispersed by different vectors (Imbert, 2002), resulting again in different dispersal distances. Secondly, differences in seed and fruit

anatomy such as pericarp thickness and structure, size of the embryo and embryo/pericarp mass ratio lead to variation in germination dynamics, because they influence water absorption and gas exchange of the seeds (Mohamed-Yasseen *et al.*, 1994). Thus, in several heteromorphic Asteraceae species, disperser achenes from the centre of the capitulum germinate immediately when conditions are optimal, while germination of peripheral non-disperser achenes is delayed (Imbert, 1999; de Waal *et al.*, 2016). Thirdly, hardness and chemical components of the fruit wall and seed coat differ between morphs and influence seed viability and dormancy, respectively (Imbert, 2002). Fourthly, due to differences in embryo size between morphs, distinct seedling survival, growth and tolerance spectra have been documented in several heteromorphic species. For example, in *Crepis sancta*, a European species of hawksbeard, offspring that are derived from peripheral achenes produce more biomass and have a higher competitive ability than offspring derived from central achenes (Imbert *et al.*, 1997). These developmental and life history differences between fruit morphs suggest that heteromorphism has evolved as a bet-hedging strategy to cope with spatially or temporally heterogeneous environments (Imbert, 2002).

The potential ecological benefits of fruit heteromorphism are also likely to favour spread of introduced alien plant species in new regions, and could potentially contribute to the naturalization success of these species. During naturalization, when self-sustaining populations are established (*sensu* Richardson *et al.*, 2000), heteromorphic species may better tolerate local disturbance and variation in availability of resources (Richardson and Pyšek, 2012) as a result of divergent dormancy and germination requirements of the seed morphs (Venable, 1985; Brändel, 2007; Doudová *et al.*, 2017). During the subsequent spread phase, heteromorphism can contribute to dispersal via the disperser morphs and to establishment in different environments by the non-disperser fruits. Indeed, results of the handful of studies investigating the link between invasion success and fruit heteromorphism support these theoretical benefits (e.g. Rai and Tripathi, 1987; Sendek *et al.*, 2015). However, no study has yet attempted to assess the generality of these findings by testing the association between heteromorphism and global naturalization success for a large set of species.

To assess the relationship between heteromorphism and naturalization success, we compiled two large and comprehensive datasets on heteromorphism in the Asteraceae. The first dataset focuses on Asteraceae species that are native to Central Europe and was used to assess their naturalization success outside of Europe. The other dataset consists of Asteraceae species that are widely used as garden plants outside their native range. For all species, we assessed their naturalization success worldwide (van Kleunen *et al.*, 2015). Moreover, as it is often argued but rarely tested (Küster *et al.*, 2008; Feng *et al.*, 2016) that the role of species traits in invasion success depends on other traits (Kueffer *et al.*, 2013), we also included several other traits in the analyses. We focused here on two traits, life history and plant height, because they were available for most species in our datasets and have been linked to invasion success in previous studies (e.g. Pyšek and Richardson, 2007; Razanajatovo *et al.*, 2016). In addition, we collected for all species data on whether the species produce disperser fruits (i.e. produce achenes with structures that promote anemochory or epizoochory) or not, as

this may be confounded with fruit heteromorphism. We asked the following main questions. (1) Are fruit heteromorphic Asteraceae species more likely to become naturalized somewhere in the world than monomorphic species? (2) Among species that are naturalized, are the species with fruit heteromorphism naturalized in more regions than monomorphic species? (3) Do the effects of fruit heteromorphism on naturalization success depend on life history and height of the species?

MATERIALS AND METHODS

Compilation of datasets

We focused on Asteraceae (Compositae) because it is the most speciose plant family, includes in absolute terms the highest number of naturalized species worldwide (Pyšek *et al.*, 2017) and comprises by far the most species with fruit heteromorphism (Imbert, 2002). Moreover, several of the most widely naturalized species in the world are Asteraceae (Pyšek *et al.*, 2017), and the family includes many highly invasive alien species (Weber, 1997; Pyšek, 1998; Lambdon *et al.*, 2008). We collated the two datasets.

To test whether fruit heteromorphic species are more likely to become naturalized than monomorphic species, we used a ‘source area approach’ (Pyšek *et al.*, 2004, 2015; van Kleunen *et al.*, 2010). We focused on Asteraceae species that are native to three countries in Central Europe – Germany, the Czech Republic and Slovakia – a geographically well-defined region with a good availability of data on fruit heteromorphism. First, we extracted all Asteraceae species for which detailed information on the presence/absence of fruit heteromorphism was available (665 species) from the D³ database (Diaspore Dispersal Database, <http://www.seed-dispersal.info>, accessed 2 December 2015; Hintze *et al.*, 2013). From this list, we selected species that are native to the three Central European countries based on the BioFlor database of the German flora (Kühn *et al.*, 2004), and the checklists of vascular plants of the Czech Republic (Danihelka *et al.*, 2012; Pyšek *et al.*, 2012) and Slovakia (Medvecká *et al.*, 2012). The final list consisted of 328 species. Their life history (annual, biennial or perennial) and maximum plant height were extracted from the FloraWeb database, an Internet portal of the German Federal Agency for Nature Conservation (BfN; www.floraweb.de, accessed 2 December 2015) and from the Flora Europaea (Tutin *et al.*, 1976). In total, we had complete trait data for 321 of the 328 species in this dataset.

The approach of focusing on a single source area reduces variation in the chance of dispersal by humans from different source areas (Pyšek *et al.*, 2004, 2015). Nevertheless, some species from the same source area may not have been introduced elsewhere and thus have not had the opportunity to naturalize. Therefore, and because generally most of the naturalized species have been introduced for ornamental horticulture (Reichard and White, 2001; van Kleunen *et al.*, 2018b), we also compiled a dataset of Asteraceae that are frequently planted as ornamental garden plants. For this, we extracted a list of 864 species from the European Garden Flora (Cullen *et al.*, 2011). This encyclopedia includes >20 000 ornamental plant species planted in European gardens. It is, however, likely that most of these species are also grown as ornamentals in other parts

of the world due to intensive international trade in ornamental plants (Dehnen-Schmutz *et al.*, 2007; Bradley *et al.*, 2012; van Kleunen *et al.*, 2018b). For data on fruit heteromorphism, life history and height of the species, we screened the D³ and BioFlor databases, and the scientific literature. Based on this extensive internet search, we found detailed information on achene morphology and height data for 584 of the 864 species. The native ranges of these species are highly heterogeneous, covering most of the continents, but most species are native to North America and Europe.

The fruit monomorphic Asteraceae species are highly diverse regarding their dispersal ability, as some of the species have specialized fruit appendages for long-distance dispersal, while the others have no or only rudimentary appendages. Similarly, there are also some fruit heteromorphic species in which none of the fruit morphs has appendages that enable long-distance dispersal. To be able to account for this potential confounding, we also collated dispersability data of the species. Following the D³ database, we classified species as ‘dispersers’ when they produce fruits that are adapted for anemochory or epizoochory by having specialized appendages (wings, elongated or hooked appendages), and we classified species as ‘non-dispersers’ when they produce fruits without such appendages or if they have only rudimentary structures. We used the D³ database and various scientific literature with detailed morphological descriptions of the fruits to obtain these data.

To characterize the performance of the species as naturalized aliens, we used the Global Naturalized Alien Flora (GloNAF) database, version 1.1 (van Kleunen *et al.*, 2015; Pyšek *et al.*, 2017). This database provides information on the naturalized occurrence of >13 000 vascular plant species in 843 non-overlapping regions, covering approx. 83 % of the terrestrial area of the world (van Kleunen *et al.*, 2015; Pyšek *et al.*, 2017). Following (Razanajatovo *et al.*, 2016), we used two proxies of naturalization success: (1) incidence of naturalization is a presence/absence variable that describes whether a species is naturalized in at least one GloNAF region outside its native range; and (2) extent of naturalization is a continuous variable calculated as the number of GloNAF regions in which the species is reportedly present as naturalized. An alternative measure of the extent of naturalization is the cumulative area of the regions, but, as this is strongly correlated with the number of regions (Pyšek *et al.*, 2017), we used only the number of regions.

Phylogeny

To test whether there is a phylogenetic signal in fruit heteromorphism, and to account for phylogenetic non-independence among the Asteraceae species in the analyses of naturalization success, we constructed phylogenetic trees for our two datasets. As a basis for these trees, we used the largest seed plant phylogeny presently available (the ALLMB tree of Smith and Brown, 2018). To build this dated tree, Smith and Brown (2018) combined genetic data of seed plants from public repositories (GenBank) with phylogenetic data (Open Tree of Life project). We first pruned the ALLMB to contain only those species that also occur in our two datasets, and then the species from our datasets that were missing from the resulting trees were added manually as polytomies at the genus level.

Statistical analysis

To test for a significant phylogenetic signal in fruit heteromorphism (binary variable; heteromorphic: yes or no), we calculated the *D* statistic, which has been developed for binary data by Fritz and Purvis (2010), by using the *phylo.d* function in the ‘caper’ package (Orme *et al.*, 2013) of R (R Core Team, 2017). A *D*-statistic value <1 implies that related taxa resemble each other less than expected (regarding fruit heteromorphism) under the Brownian motion model of evolution, and *D* = 0 indicates the random expectation (i.e. no phylogenetic signal) (Fritz and Purvis, 2010). Values of *D* <0 indicate that the binary trait is phylogenetically more conserved than expected under the Brownian model (Orme *et al.*, 2013). The *phylo.d* function also provided significance tests for departure from a random model (P_{rand}) and from the Brownian motion model (P_{BM}).

We used similar analyses for the native Central European Asteraceae dataset and for the ornamental Asteraceae dataset. To test whether fruit heteromorphism (heteromorphic: yes, no) has an effect on the incidence of naturalization (binary variable, i.e. whether a species has or has not been recorded as naturalized outside its native range), we first carried out a Pearson’s χ^2 test of contingency. Then, to account for phylogeny, we used phylogenetic logistic regression as implemented in the *phylolm* function of the package ‘phylolm’ (Ho and Ané, 2014) with a binomial error distribution. Finally, to analyse the effects of all three biological traits (fruit heteromorphism, life history and height) on the incidence of naturalization in the same model, we used generalized linear models (GLMs) and phylogenetic logistic regressions. In these models, fruit heteromorphism and life history (annual/biennial or perennial) were entered as fixed factors, and maximum height as a continuous covariate standardized to a mean of 0 and an s.d. of 1. As there were only few biennial species in our list, we merged annual and biennial species into a single category. To test whether the effect of fruit heteromorphism depends on the other traits, we included pairwise interactions between fruit heteromorphism and the other two traits.

To test for the effect of fruit heteromorphism on the extent of naturalization (continuous variable, natural log-transformed number of regions where the species is naturalized) once a species is naturalized in at least one region, we excluded all non-naturalized species. We first ran linear models (LMs) and phylogenetic linear regressions using the *phylolm* function of the package ‘phylolm’ (Ho and Ané, 2014) in R with fruit heteromorphism as a fixed factor. Then, we built LMs and phylogenetic linear regression models to test for the effect of all three biological traits in the same model, where the same explanatory variables were used as in the phylogenetic logistic regressions described above for the analysis of the incidence of naturalization.

Most of the heteromorphic species produce at least one disperser morph, whereas the monomorphic species produce either disperser or non-disperser morphs. This implies that the effect of fruit heteromorphism could be confounded with whether or not the species produces any disperser fruits. Therefore, we reran all the analyses using only the disperser species of the monomorphic and heteromorphic groups, and present the results in Supplementary Data Tables S1 and S2.

To evaluate potential problems arising from collinearity of explanatory variables, we calculated variance-inflation factors

(VIFs) for each variable in each model using the `vif()` function from the package 'car' in R. VIFs for all models were <3, far less than the threshold of 5 above which collinearity may adversely affect regression results (Rogerson, 2001). To measure the variation explained by our phylogenetic models, the likelihood ratio R^2_{lr} was calculated as implemented in the 'rr2' package in R (Ives, 2017). We also calculated the relative importance of each variable (R^2_{par}) as the difference in deviance between the full model and a model without the variable of interest. All analyses were performed using the R statistical environment, version 3.4.2 (R Core Team, 2017).

RESULTS

Fruit heteromorphism and naturalization success of Central European Asteraceae

Among the 328 species in our dataset of Asteraceae native to Central Europe, 69 species (i.e. 21 %) are fruit heteromorphic. The percentage of heteromorphic species that have become naturalized outside of Europe (46 %; 32 out of 69) was significantly higher than for monomorphic species (27 %; 71 out of 259; Table 1; Fig. 1).

Fruit heteromorphism was significantly phylogenetically clustered ($D = -0.038$, $P_{rand} < 0.001$; $P_{BM} = 0.571$; Fig. 2), but the difference in naturalization incidence between heteromorphic and monomorphic Central European Asteraceae remained significant in a phylogenetic logistic regression (Table 1). However, for the sub-set of 103 species that have become naturalized outside Europe, heteromorphic species were not naturalized in more regions than monomorphic species (Table 1).

Fruit heteromorphism was significantly more frequent among annual/biennial species than among perennial species, and was also significantly associated with tall species (Supplementary Data Figs S3 and S4). Consequently, when including both life history and plant height in the models, the significant effect of fruit

heteromorphism on the incidence of naturalization disappeared (Table 1). Life history significantly influenced the incidence and extent of naturalization achieved by the species. Among the annual/biennial species, 70 % have become naturalized outside of Europe, compared with only 25 % of the perennial species (Table 1). Similarly, among the 102 species that have become naturalized, the extent of naturalization was significantly higher for annual/biennial species compared with perennials (Table 1). Plant height had a significantly positive effect on the incidence of naturalization of Central European Asteraceae species outside of Europe, but not on the extent of naturalization (Table 1). When we restricted the dataset to those 289 species with long-distance dispersal ability, we found highly similar results (Supplementary Data Table S1).

Fruit heteromorphism and naturalization success of ornamental Asteraceae

Among the 591 ornamental Asteraceae listed in the European Garden Flora, 91 species (i.e. 15 %) are heteromorphic. The percentage of heteromorphic ornamental Asteraceae that have become naturalized somewhere in the world (69 %; 63 out of 91) was significantly higher than for monomorphic ornamental Asteraceae (44 %; 218 out of 500; Table 2; Fig. 1).

As for the Central European Asteraceae, fruit heteromorphism among ornamental Asteraceae showed a significant phylogenetic clustering ($D = 0.164$; $P_{rand} < 0.001$; $P_{BM} = 0.149$; Fig. 3), but the difference in the incidence of naturalization between heteromorphic and monomorphic ornamental Asteraceae remained significant in a phylogenetic logistic regression (Table 2). However, for the sub-set of 281 ornamental Asteraceae that have become naturalized somewhere in the world, fruit heteromorphism had no significant effect on their extent of naturalization (Table 2).

For the ornamental Asteraceae, fruit heteromorphism was also significantly more frequent among annual/biennial species than among perennial species (Supplementary Data Fig. S3). However, in contrast to the Central European Asteraceae,

TABLE 1. Effects of fruit heteromorphism vs. monomorphism on the incidence of naturalization (expressed as being naturalized outside of Europe or not) and extent of naturalization (natural log-transformed number of regions where the species is naturalized) of native Central European Asteraceae species (Models 1), and effects of heteromorphism vs. monomorphism, annual/biennial vs. perennial life history, plant height and pair-wise interactions between heteromorphism and the other two traits on the same response variables (Models 2)

Response variables	Incidence of naturalization			Extent of naturalization (log)		
Explanatory variables	χ^2 test/GLM	Phylo GLM	R^2_{par}	LM	Phylo LM	R^2_{par}
Models 1	$n = 328$, $R^2_{lr} = 0.051$			$n = 103$, $R^2_{lr} = 0.029$		
Fruit heteromorphism (FHM)	8.236**	2.580**	0.045	1.175	1.162	0.013
Models 2	$n = 321$, $R^2_{lr} = 0.195$			$n = 102$, $R^2_{lr} = 0.079$		
FHM	-0.838	-0.263	0.001	-0.450	-0.248	0.005
Life history	-4.386***	-4.376***	0.091	-1.867	-1.940*	0.031
Plant height	2.648**	2.564*	0.047	0.122	-0.297	0.000
FHM × life history	1.490	1.765	0.012	0.767	0.880	0.007
FHM × plant height	0.186	-0.393	0.000	0.715	0.957	0.008

Pearson's χ^2 test of contingency in univariate models and generalized linear models (GLMs) in multivariate models, followed by phylogenetic logistic regressions, were used in the case of incidence of naturalization (z statistics are shown), and linear models (LMs) followed by phylogenetic linear regressions in the case of extent of naturalization (t statistics are shown) in both models.

Asterisks denote significance at * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$.

Total explained variance of the models (R^2_{lr}), and the partial variances explained by each variable (R^2_{par}) are also shown.

Sample size refers to the total number of species in the analysed datasets.

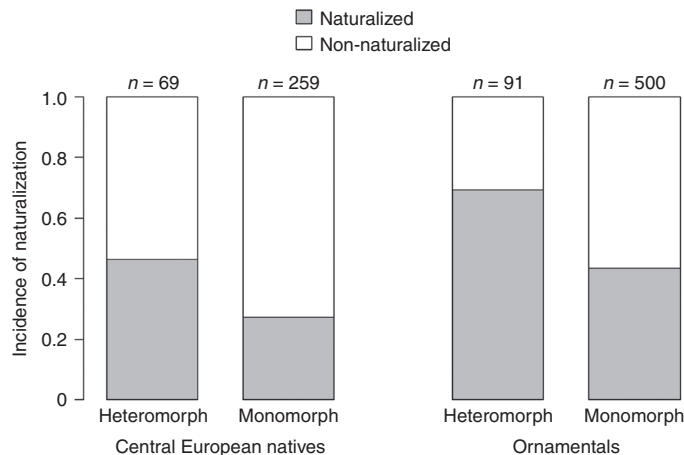


FIG. 1. Frequency of species naturalized somewhere according to the GloNAF database (i.e. incidence of naturalization) among fruit heteromorphic vs. fruit monomorphic species of Central European native Asteraceae species and ornamental Asteraceae species. Sample sizes (n) refer to the number of species in different species groups.

ornamental species with fruit heteromorphism were not taller than monomorphic species (Supplementary Data Fig. S4). In this dataset, the positive effect of fruit heteromorphism on the incidence of naturalization of ornamental Asteraceae remained significant (Table 2) when we included both life history and height in the models, but it explained only a small amount of variation (0.3 % out of 17 % of the full model). Plant height had a significant positive effect on the incidence of naturalization, but not on its extent (Table 2). The effect of fruit heteromorphism on the incidence of naturalization became stronger with increasing plant height (Table 2). Similarly, although there was no significant main effect of fruit heteromorphism on the extent of naturalization, the effect of heteromorphism became stronger with increasing plant height (Table 2; Fig. 4). Among the annual/biennial species, 82 % are naturalized somewhere in the world, while among the perennial species, the corresponding figure is only 42 % (Table 2). Among the 279 species that have become naturalized, the extent of naturalization was significantly higher for annual/biennial species compared with perennials (Table 2). When we restricted the ornamental Asteraceae dataset to those 441 species with long-distance dispersal ability, the results remained largely the same (Supplementary Data Table S2). However, the positive effect of fruit heteromorphism on the incidence of naturalization disappeared in the model with both life history and height (Supplementary Data Table S2).

DISCUSSION

In this study, we provide the first multispecies test of whether fruit heteromorphism promotes global naturalization success of plant species. We show that within the two Asteraceae datasets analysed, fruit heteromorphism is phylogenetically conserved, and associated with the incidence of naturalization, but not with its extent. In the dataset of Central European native Asteraceae, the effect of fruit heteromorphism on the incidence of naturalization disappeared when we included life history and plant height in the model, suggesting a possible confounding effect

between heteromorphism and the other traits. However, in the dataset of ornamental Asteraceae, the effect of fruit heteromorphism on the incidence of naturalization remained significant after including the other species traits, although it explained far less variation in the incidence of naturalization than life history and plant height. Interestingly, among ornamental species with high stature, the heteromorphic species are significantly more likely to become naturalized and in more regions than monomorphic species, whereas this was not the case among short species. This indicates that fruit heteromorphism *per se* has only a moderate effect on the naturalization success of Asteraceae species, but that for tall plants it can significantly enhance naturalization success.

Fruit heteromorphism: another small piece to the naturalization success puzzle

Many studies have been conducted to identify traits associated with invasion success, but few universal patterns have emerged due to the inherent idiosyncrasies of invasions (van Kleunen and Richardson, 2007; Pyšek and Richardson, 2007; Kueffer *et al.*, 2013; Pyšek *et al.*, 2015; Maurel *et al.*, 2016; van Kleunen *et al.*, 2018a). The use of a relatively homogeneous set of species regarding their phylogeny, life history and origin or introduction history might allow detection of traits that promote global invasion success and might contribute to a more mechanistic understanding of the influences of traits in alien plant naturalization (Richardson *et al.*, 2011; Canavan *et al.*, 2018). It is also important to discern traits that contribute to invasion success in different phases such as introduction, establishment (naturalization) and spread. Richardson and Pyšek (2012) suggested that the determinants of naturalization success are more robust than those of invasiveness, as invasive alien species also require effective dispersal, which introduces an additional set of complex biological traits and processes. In addition, the definition of naturalization is much more consistent across studies compared with that of invasiveness, which made it possible to build a relatively comprehensive global database of naturalized species (van Kleunen *et al.*, 2015; Pyšek *et al.*, 2017).

Certain biological traits have already been linked to naturalization success, such as selfing ability (Razanajatovo *et al.*, 2016), high fecundity (Moravcová *et al.*, 2010, 2015), rapid and profuse seedling emergence (van Kleunen and Johnson, 2007; Gioria and Pyšek, 2017), ability to build a persistent seed bank (Gioria *et al.*, 2012; Gioria and Pyšek, 2015; Pyšek *et al.*, 2015), clonal growth (Milbau and Stout, 2008), cold hardiness (Maurel *et al.*, 2016), long flowering time (Pyšek *et al.*, 2009, 2015) and large specific leaf area (Lavoie *et al.*, 2016). Many of these traits are related to reproduction, but the role of fruit (or seed) heteromorphism in naturalization success had never been explicitly tested before, despite straightforward theoretical arguments supporting its potential role. We found that fruit heteromorphism was significantly associated with naturalization success of Asteraceae species. The explanatory power of fruit heteromorphism on the incidence of naturalization, however, was only 3.7 % for Central European native and 5.7 % for ornamental Asteraceae species in univariate models. These low values are similar to those of other significant invasiveness

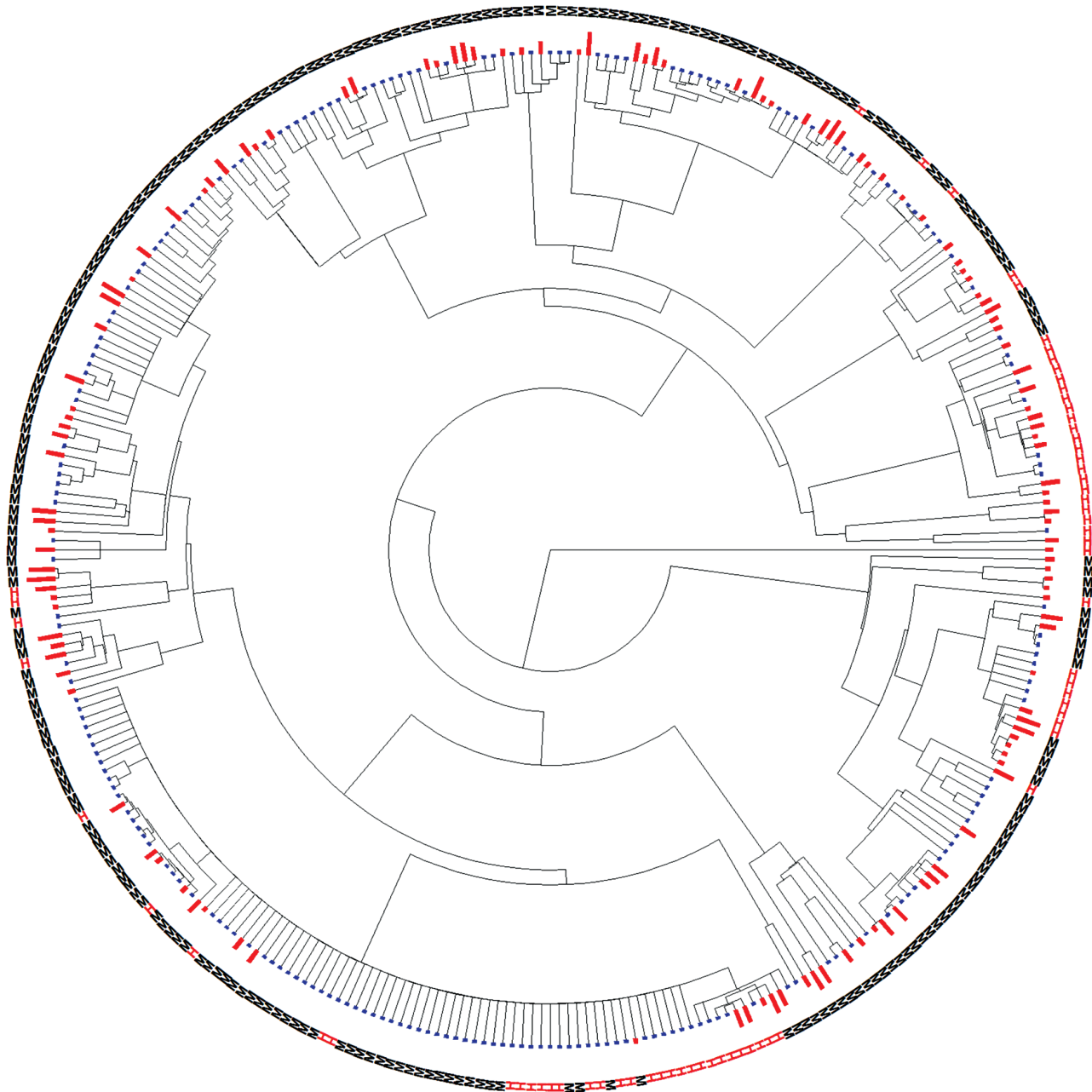


FIG. 2. Phylogenetic tree of 328 Central European native Asteraceae species. Fruit heteromorphic species are denoted with a red 'H' and monomorphic species with a black 'M'. The red bars beside the letters are for species that are naturalized somewhere outside of Europe (i.e. naturalization incidence >0); blue bars are for species not known to be naturalized outside Europe. The sizes of the red bars are proportional to the $\log_{10}(+2)$ of the number of GloNAF regions (i.e. extent of naturalization). A high-resolution version of the same tree that also shows the names of all species can be seen as [Supplementary Data Fig. S1](#).

traits in single-trait studies (Küster *et al.*, 2008; Klonner *et al.*, 2016) or in other ecological and evolutionary studies (Møller and Jennions, 2002). The relatively small contribution of single traits is not surprising given that many other traits, as well as ecological, evolutionary and historical factors (e.g. propagule pressure and time since introduction), play a role in naturalization success (van Kleunen *et al.*, 2018a).

Based on our two Asteraceae datasets, we cannot tell whether fruit heteromorphism plays a role in progression of species along the naturalization–invasion continuum (*sensu*

Richardson *et al.*, 2000; Blackburn *et al.*, 2011). The number of regions where a species has been naturalized, i.e. the extent of naturalization, might indicate the spreading ability of a species, although it is not equivalent to established definitions of invasiveness (e.g. having high potential to spread over a considerable area *sensu* Richardson *et al.*, 2000). Therefore, the fact that the extent of naturalization was not affected by fruit heteromorphism does not rule out the possibility that fruit heteromorphism might contribute to invasiveness. We assume that the mixed strategy of heteromorphic species might

TABLE 2. Effects of fruit heteromorphism vs. monomorphism on the incidence of naturalization (expressed as being naturalized somewhere in the world or not) and extent of naturalization (natural log-transformed number of regions where the species is naturalized) of ornamental Asteraceae species (Models 1), and effect of heteromorphism vs. monomorphism, annual/biennial vs. perennial life history, plant height and pair-wise interactions between heteromorphism and the other two traits on the same response variables (Models 2).

Response variables	Incidence of naturalization			Extent of naturalization (log)		
	χ^2/GLM	Phylo GLM	R^2_{par}	LM	Phylo LM	R^2_{par}
Models 1	$n = 591, R^2_{\text{lr}} = 0.123$			$n = 281, R^2_{\text{lr}} = 0.020$		
Fruit heteromorphism (FHM)	19.26***	4.100***	0.085	0.931	0.668	0.001
Models 2	$n = 584, R^2_{\text{lr}} = 0.179$			$n = 279, R^2_{\text{lr}} = 0.100$		
FHM	2.208*	2.824**	0.003	1.134	0.922	0.000
Life history	-4.983***	-3.323***	0.038	-3.409***	-3.317**	0.052
Plant height	3.532***	4.007***	0.107	-0.075	0.099	0.001
FHM \times life history	0.506	0.342	0.000	-0.742	-0.564	0.001
FHM \times plant height	2.223*	2.976**	0.029	2.516*	2.879**	0.032

Pearson's χ^2 test of contingency in univariate models and generalized linear models (GLMs) in multivariate models, followed by phylogenetic logistic regressions, were used in the case of incidence of naturalization (χ^2 statistics are shown), and linear models (LMs) followed by phylogenetic linear regressions in the case of extent of naturalization (t statistics are shown) in both models.

Asterisks denote significance at * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$.

Total explained variance of the models (R^2_{lr}), and the partial variances explained by each variable (R^2_{par}) are also shown.

Sample size refers to the total number of species in the analysed datasets.

simultaneously contribute to increasing population sizes by local dispersal and also to long-distance dispersal during the invasion phase. The high variation in seed characteristics (mass, dispersal, germination and dormancy) can at least partially explain the successful colonization of heterogeneous environments by certain invasive alien species (Willis and Hulme, 2004; Fumanal *et al.*, 2007). Together with our findings, this suggests that fruit heteromorphism predisposes species to become naturalized and to spread successfully under a wide range of environmental conditions.

Fruit heteromorphism, life history and plant height

Traits often do not evolve independently from each other. Consequently, we also considered life history and plant height as two other traits that might be correlated with fruit heteromorphism or mediate its effects on naturalization success. Including more life history and functional traits would be desirable as it would improve the predictive power of our models. However, as data on most traits are only available for a few species, including more traits would have considerably reduced the number of species involved in our analyses. In line with previous studies (Plitmann, 1986; Imbert, 2002), we found that the frequency of short-lived (i.e. annual and biennial) species among fruit heteromorphic species is significantly higher than among monomorphic species (Supplementary Data Fig. S3). In addition, our results show a greater naturalization success for annuals and biennials than for perennials in both Asteraceae datasets, which is also in line with earlier studies (e.g. Razanajatovo *et al.*, 2016). Short-lived plants often flourish in early successional, highly disturbed habitats (Pianka, 1970; Prach *et al.*, 2017), resulting in a stronger predominance of the ruderal adaptive strategy among naturalized than among non-naturalized plants (Guo *et al.*, 2018). Disturbed habitats

have increased in the last centuries due to conversion of natural habitats into arable fields and ruderal sites, types of habitat that have contributed many species to the global naturalized flora (Kalusová *et al.*, 2017).

Regarding plant height, our results are also in line with previous studies analysing the effect of different traits on invasion success of plants: the taller a plant species is, the higher the chance that it becomes a successful alien species (Pyšek and Richardson, 2007). As fruit heteromorphic species were significantly taller than monomorphic species in the dataset of Central European natives, this confounding factor might explain why the main effect of fruit heteromorphism was not significant when we included plant height in the analysis. In summary, our results suggest that the tall stature and high frequency of annual/biennial life history among heteromorphic species rather than fruit heteromorphism *per se* may have contributed to their naturalization success.

In contrast, the confounding effect of height and heteromorphism was less strong in the dataset of ornamental Asteraceae, as in that dataset there were no significant height differences between heteromorphic and monomorphic species. Nevertheless, fruit heteromorphism was shown to have considerable explanatory power only in interaction with plant height. Heteromorphic species with a high stature had greater naturalization success than monomorphic species. The synergistic effect of height and the presence of fruit heteromorphism in ornamental Asteraceae species might be explained by the fact that one of the morphs is usually wind dispersed, and that wind dispersal distance is strongly correlated with plant height (Tackenberg, 2003; Thomson *et al.*, 2011). Indeed, when we took into account only the disperser species, the significant effect of heteromorphism (both as a main effect and in interaction with plant height) disappeared, as both groups require high stature for efficient dispersal. Efficient dispersal might be beneficial in the naturalization phase as it could reduce kin competition and potential inbreeding (de Waal *et al.*, 2016), and contributes to the establishment of new populations in more suitable environments.

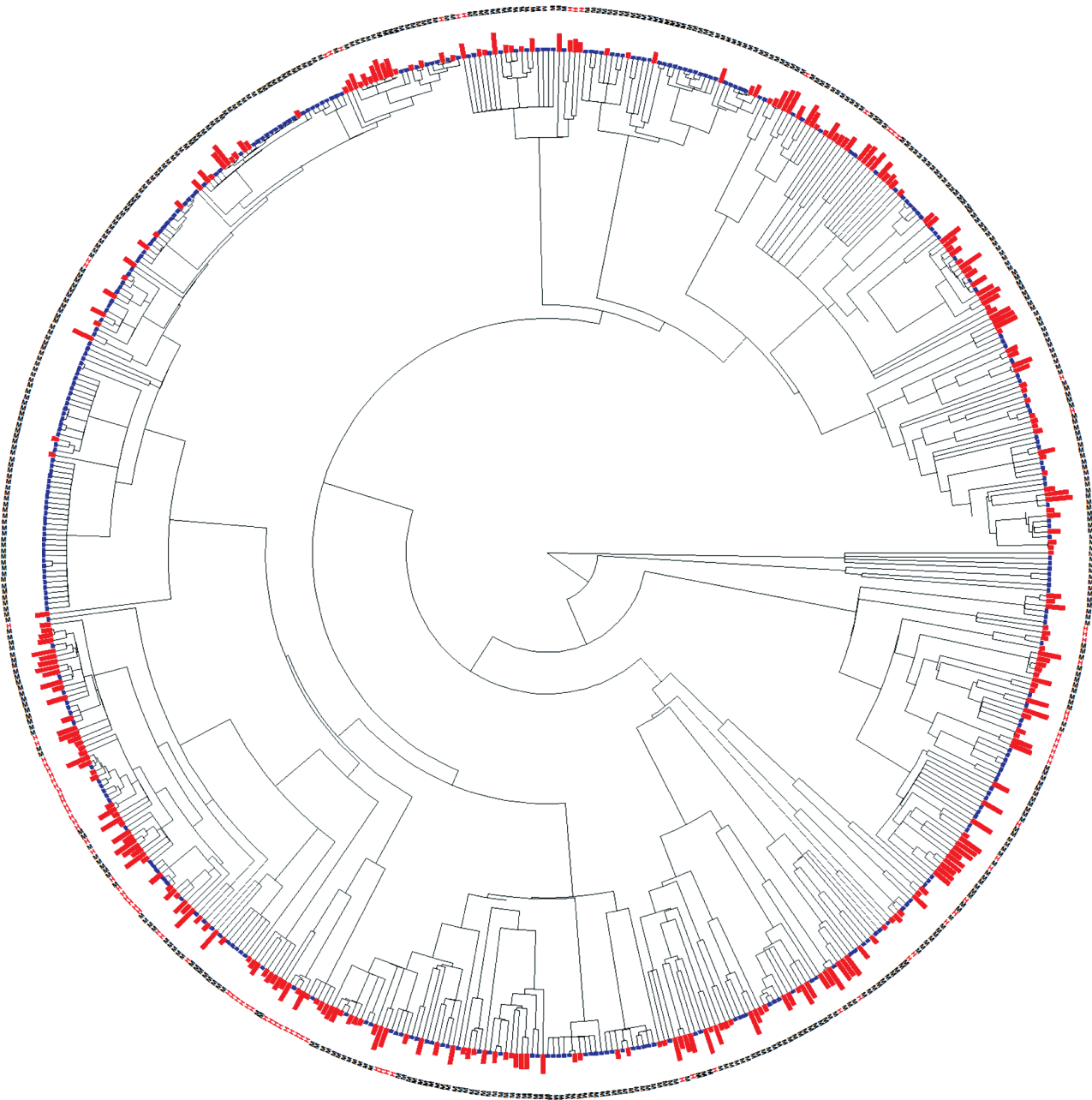


FIG. 3. Phylogenetic tree of 591 ornamental Asteraceae species. Fruit heteromorphic species are denoted with a red 'H' and monomorphic species with a black 'M'. The red bars beside the letters are for species that are naturalized somewhere outside of Europe (i.e. naturalization incidence >0); blue bars are for species not known to be naturalized somewhere. The sizes of the red bars are proportional to the $\log_{10}(+2)$ of the number of GloNAF regions (i.e. extent of naturalization).

A high-resolution version of the same tree that also shows the names of all species can be seen as [Supplementary Data Fig. S2](#).

Conclusions

Our results provide evidence that the production of heteromorphic fruits is associated with naturalization success in Asteraceae, the largest of all plant families with fruit heteromorphism. Although the number of families with fruit heteromorphism is relatively small (reported in 26 families), future studies should test whether fruit or seed heteromorphic species from other families have similarly high chances of becoming naturalized to those in the Asteraceae. Moreover, as cryptic

heteromorphism (seed or fruits of a single plant with distinct ecological differences without obvious morphological differences) is likely to be an underestimated phenomenon, more research is needed to examine the role of intraindividual variation in seed characteristics in invasion biology, and in ecology in general.

Although we found a correlation between fruit heteromorphism and naturalization success, it appears that it is a particularly successful combination of other biological traits

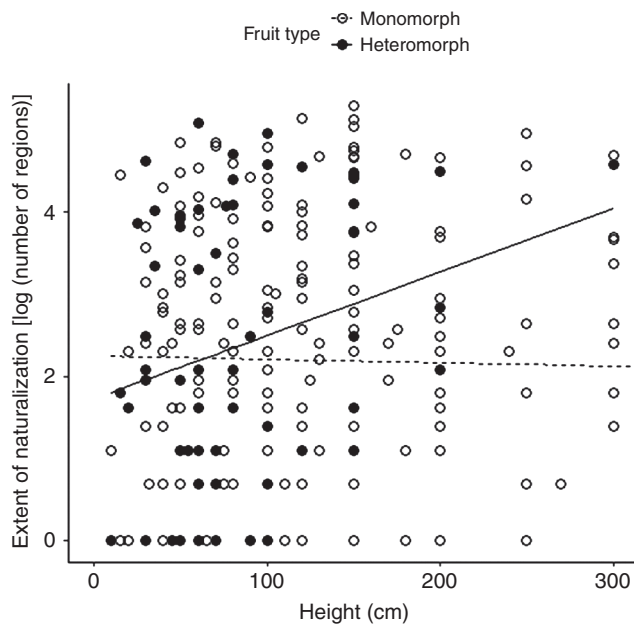


FIG. 4. Extent of naturalization (natural log-transformed number of regions where the species is naturalized) of ornamental Asteraceae species plotted against plant height for fruit heteromorphic and monomorphic species. Each dot in the scatter plot represents a species.

in fruit heteromorphic species that contributes to naturalization success. These results do not diminish the importance of fruit heteromorphism as a trait associated with naturalization success. Instead, our results indicate that plant traits evolve synergistically, and that fruit heteromorphic species possess a particular combination of traits that makes them successful alien species. Therefore, our findings highlight the importance of compiling and analysing multivariate datasets when testing for characteristics that promote plant invasion to reveal how the contribution of one plant trait depends on other traits.

SUPPLEMENTARY DATA

Supplementary data are available online at <https://academic.oup.com/aob> and consist of the following. Table S1: the effect of fruit heteromorphism, life history and plant height on naturalization success in Central European native Asteraceae with fruits capable of long-distance dispersal. Table S2: the effect of fruit heteromorphism, life history and plant height on naturalization success in ornamental Asteraceae with fruits capable of long-distance dispersal. Figure S1: phylogenetic tree of 328 Central European native Asteraceae species showing the incidence and extent of naturalization of fruit heteromorphic and monomorphic species. Figure S2: phylogenetic tree of 591 ornamental Asteraceae species showing the incidence and extent of naturalization fruit of heteromorphic and monomorphic species. Figure S3: comparing the frequency of different life histories in fruit heteromorphic and monomorphic species. Figure S4: maximum height of fruit heteromorphic vs. monomorphic species in Central European native and ornamental Asteraceae species.

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